



CLASS SCHEDULE FALL 2010

	M	T	W	T	F	S	S
6am	Boot Camp	Boot Camp	Boot Camp/ Spin-Box	Boot Camp/ Boombox	Boot Camp		
7am						Spin-Box	
8:15am						Boombox	
8:30am	Boombox	Boombox	Boombox	Boombox	U-Fit		
9:15am							TRX
9:30am						Boombox	
9:45am	Boombox	Boombox	Spin-Box	Boombox	Boombox		
10:45am	Thai Boxing					Thai Boxing	
11:30am			TRX				
6pm		Boot Camp		Boot Camp			
6:30pm	Boombox	Boombox	Boombox	Boombox			

*All classes are one hour in length. Class offerings, class schedules, and available trainers are subject to change.

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