



CLASS SCHEDULE FALL 2011

	M	T	W	T	F	S	S
6am	Boot Camp	Boot Camp	Spin-Box	Boot Camp/ Boombox	Boot Camp		
7am						Spin-Box	
8:15am		Boombox		Boombox		Boombox	
8:30am	Boombox		U-Fit/Stretch		U-Fit		
9:15am							TRX (BY APPT ONLY)
9:30am						Boombox	
9:45am	Boombox	Boombox	Spin-Box	Boombox	Boombox		
10:45am							
11:30am			TRX				
6pm		Boot Camp		Boot Camp			
6:30pm	Boombox		Boombox				

*All classes are one hour in length. Class offerings, class schedules, and available trainers are subject to change.

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